

Vaccinations and shots recommended for travel

Cuba	Hepatitis A Malaria Tetanus
Ecuador	Hepatitis A Vaccine Hepatitis B – recommended for all people providing health care and for those planning prolonged stays. Tetanus up to date Malaria Yellow Fever vaccine – Recommended for all travel to rural areas. May be required if one passes through an infected country. Typhoid Fever Vaccine
Haiti	Tetanus up to date Polio up to date Malaria Hepatitis A Vaccine Typhoid Fever Vaccine
India	Tetanus Adult polio Hepatitis A Typhoid Malaria Medicine
Mexico	Hepatitis A Malaria Tetanus Typhoid (optional)
Russia	Tetanus
Uruguay	Hepatitis A Tetanus
Spain	Hepatitis A (only if you expect to be eating a lot of seafood)
Colombia	Hepatitis A Typhoid
Indonesia	Hepatitis B